I commute to San Francisco on a routine basis. With XM's Instant Traffic & Weather I am able to determine within minutes if I am going to have problems getting to work, or if I have to change my travel plans. Before, I would have to search my radio dial or wait 10-15 minutes to see if there were any problems, and then the information might not even list the route I am on. XM's Instant Traffic & Weather is just the best.